

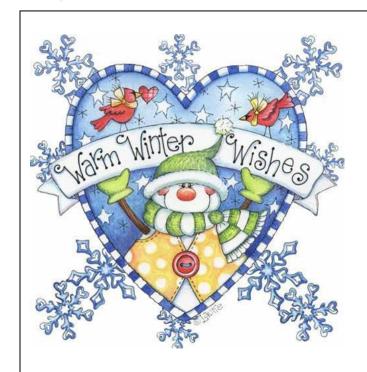
# Konedu Home Care



"Cares About You

Newsletter

December 2019



The year is almost to an end and we want to thank all our employees and their families for their commitment and support to Konedu Home Care and our clients.

The new year will bring our continued commitment to serving our community and making Konedu Home Care a company that provides quality care to our clients, a place where employees can learn new skills, embrace new challenges, and succeed and thrive in a field they feel passionate about.

We wish all our employees and their families a wonderful holiday season filled with love, joy, peace and good health.

Carie Jones, Co-Owner/Credentialing and Director Doussouba Kourouma, Co-wner/Administrator

## **TRAINING**

Annual Training is always on-going. Is your annual training due?

Please visit our webpage and your staff portal to view and complete.

If you have questions, contact Mohamed Cisse.





Fri, 12/6	– 8:45am-4pm	RA 8-hour class	Konedu must register
Wed, 12/18	– 8:45am-4pm	RA 8-hour class	Konedu must register
Fri, 1/3	– 8:45am-4pm	RA 8-hour class	Konedu must register



In the Spotlight . . . Every month has quite a bit to spotlight. December is no different. There are always opportunities to celebrate and spend quality time with family and friends and if you are looking for something new and different, here are a few to have fun with and add your own twist. ©

Dec. 4<sup>th</sup>, National Sock Day – Celebrate by wearing fun/weird socks, share with others.

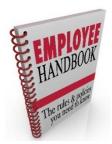
Dec. 8<sup>th</sup>, Pretend to be a Time Traveler Day – Read books, visit a museum or act out.

Dec. 12<sup>th</sup>, Gingerbread House Day – Celebrate by building a gingerbread house together.

Dec. 16<sup>th</sup>, National Chocolate-covered Anything Day – Hope you like chocolate for this one.

Dec. 21st, Crossword Puzzle Day – Work on a crossword together.

Dec. 28th, National Card Playing Day – Play card games like Go Fish, Matching, etc.



#### **MEDIA AND SOCIAL MEDIA**

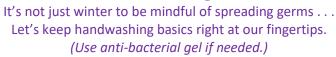
All employees are responsible for appropriateness of social media relating to Konedu Home Care. To assist you in making responsible decisions about your use of social media, we have established guidelines for appropriate use of social media that may also present certain risks and carries with it certain responsibilities.

Social media includes all means of communicating or posting information or content of any sort on the Internet, including to your own or someone else's web log or blog, journal or diary, personal web site, social networking or affinity web site, web bulletin board or a chat room, whether or not associated or affiliated with Konedu Home Care, as well as any other form of electronic communication. Ultimately, you are solely responsible for what you post online. Keep in mind that any of your conduct that adversely affects your job performance, the performance of fellow employees or otherwise adversely affects Konedu Home Care may result in disciplinary action.

All employees are prohibited from posting any photo or content about our clients.



#### **National Handwashing Awareness**





Personal hygiene begins and ends with our hands. And though we're taught as youngsters to wash our hands before dinner, it's important to remember that germs don't care what time of day it is. Clean hands prevent sickness. So, it's especially important to learn the basics about hand hygiene so that you, too, can become a champion hand washer!

<u>Do it right</u> – Wash your hands with soap and clean water for at least 20 seconds. Get a good lather and clean the back of the hands, between the fingers and under the nails. Dry them using a clean towel.

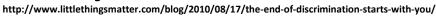
<u>Memorize the 5 steps</u> – For the simple "do-it-yourself vaccine" follow these 5 steps: Wet, lather, scrub, rinse, dry. <u>Learn the Four Principles of Hand Awareness</u> – 1) Wash your hands when they are dirty and before eating; 2) Do not cough into hands; 3) Do not sneeze into hands; and 4) Don't put your fingers in your eyes, nose or mouth.

Remember . . . you may be working with people who have a hard time fighting off basic cold and flu symptoms. Be mindful and use these steps to stay healthy all year around.



### Rosa Parks Day

Each of us plays an important role in ending discrimination against those with whom we live and work.





On December 1, 1955, after a long day of work, Rosa Parks boarded a bus in Montgomery, Alabama. She took her seat in the 'colored' section. As she rode the Cleveland Avenue bus home, the bus began to fill. When the bus became full the bus driver asked Rosa Parks to give up her seat, she refused. Police arrested her, and what followed is Civil Rights history. Her bravery led to nationwide efforts to end racial segregation.

Segregation and discrimination in our communities and in our places of work takes many forms, but it always involves some form of exclusion or rejection based upon a negative judgment toward a person's gender, age, religion, race, weight, nationality, handicap, sexual preference, or height.

Therefore, I am challenging you to start looking at everyone as equal and going above and beyond to support those who likely feel discriminated against. When you do, you benefit from knowing it's the right thing to do. In addition, you will be showing greater respect to those around you and will present yourself as someone with a balanced and tolerant worldview. Say the words and practice the behavior you want others to imitate to see positive changes.

